

## Kinesiology: Exercise Science 2-Yr Transfer Pathway 2022-2023

This pathway assumes that students have completed 60 transferrable credits including Introductory Statistics and all CSU American Institutions and General Education requirements.

Students who have completed an AA-T in Kinesiology (or Human Anatomy with Lab and Human Physiology with lab) receive credit for KIN 370, KIN 370L, KIN 371, and 371L and do not need to retake at CSUMB.

| <b>Fall Junior Courses (14 units total)</b>      | <b>Course or GE Title</b>                                                | <b>Units</b> | <b>GE/Major</b>     |
|--------------------------------------------------|--------------------------------------------------------------------------|--------------|---------------------|
| <b>KIN 300</b>                                   | Major Pro-Seminar                                                        | 1            | Core                |
| <b>KIN 310</b>                                   | Athletic Strength & Conditioning                                         | 3            | Concentration       |
| <b>KIN 355</b>                                   | Ethics in Physical Activity and Health                                   | 3            | GWAR, Core          |
| <b>KIN 370 and KIN 370L</b>                      | Anatomy and Physiology I and Lab                                         | 4            | Core, UDB           |
| <b>SPAN 340 or 350 or JAPN 340 or 350</b>        | upper-division humanities/world lang                                     | 3            | UDC, WCL            |
| <b>Spring Junior Courses (16 units total)</b>    | <b>Course or GE Title</b>                                                | <b>Units</b> | <b>GE/Major</b>     |
| <b>KIN 340</b>                                   | Personal Training                                                        | 3            | Concentration       |
| <b>KIN 371 and KIN 371L</b>                      | Anatomy and Physiology II and Lab                                        | 4            | Core, UDB           |
| <b>KIN 390</b> (prerequisite= KIN 370/L)         | Exercise Physiology                                                      | 3            | Core, UDB           |
| <b>Exercise Science elective</b>                 | KIN 3xx or 4xx                                                           | 3            | Ex. Sci. elective   |
| <b>Any missing GE, CSU req, or free elective</b> | GE or CSU requirement, or elective                                       | 3            | GE or elective      |
| <b>Fall Senior Courses (16 units total)</b>      | <b>Course or GE Title</b>                                                | <b>Units</b> | <b>GE/Major</b>     |
| <b>Elective (or minor or grad school prereq)</b> | Elective or minor or grad school prereq                                  | 3            | Elective            |
| <b>KIN 430</b> (prerequisite = KIN 390)          | Physiol & Biomechanics Aerobic Exercise                                  | 3            | Concentration       |
| <b>KIN 450</b>                                   | Exercise Prescript. For Special Pop.                                     | 3            | Concentration       |
| <b>KIN 471S</b>                                  | Race, Gender, Class in the Digital World                                 | 3            | Core, UDSL, UDD, ES |
| <b>Elective (or minor or grad school prereq)</b> | Elective or minor or grad school prereq                                  | 3            | Elective            |
| <b>Spring Senior Courses (14 units total)</b>    | <b>Course or GE Title</b>                                                | <b>Units</b> | <b>GE/Major</b>     |
| <b>KIN 440</b> (prerequisite = KIN 390)          | Physiol & Biomech Anaerobic Exercise                                     | 3            | Concentration       |
| <b>KIN 421L or KIN 375 or KIN 305 or 303</b>     | Exercise Sci Lab or Motor Behavior or Technique in Strength/Conditioning | 3            | Concentration       |
| <b>KIN 499</b>                                   | Capstone                                                                 | 2            | Core                |
| <b>KIN 360/L</b>                                 | Nutritional Science and Lab                                              | 4            | Core                |
| <b>Elective (or minor or grad school prereq)</b> | Elective or minor or grad school prereq                                  | 3            | Elective            |
| <b>Total Exercise Sci Transfer Pathway</b>       |                                                                          | <b>60</b>    |                     |