

AA-T Kinesiology to B.S. Kinesiology: Exercise Science Concentration 2022-2023

This pathway is for students who have completed an AA-T in Kinesiology and have sent official degree verification to CSUMB.

Fall Junior Courses (13 units)	Course or GE Title	Units	GE/Major
KIN 300	Major Pro-Seminar	1	Core
KIN 310	Athletic Strength & Conditioning	3	Concentration
KIN 340	Personal Training	3	Concentration
KIN 390	Exercise Physiology	3	Core, UDB
SPAN 340 or 350 or JAPN 340 or 350	upper-division humanities/world lang	3	UDC, WCL
Spring Junior Courses (16 units)	Course or GE Title	Units	GE/Major
KIN 355	Ethics in Physical Activity and Health	3	GWAR, Core
KIN 430	Physiol & Biomech of Aerobic Exercise	3	Concentration
KIN 471S	Kinesiology Service Learning	3	Core, UDSL, UDD, ES*
KIN 421L or KIN 375 or KIN 305	Exercise Sci Lab or Motor Behavior or Technique in Strength/Conditioning	3	Concentration
Elective (or minor or grad school prereq)	Elective or minor or grad school prereq	4	Elective
Fall Senior Courses (15 units)	Course or GE Title	Units	GE/Major
KIN 450	Exercise Prescript. For Special Pop.	3	Concentration
KIN 440	Physiol & Biomech Anaerobic Exercise	3	Concentration
US History (US1) requirement if not completed previously	CSU American Institutions Requirement (US1) of not completed prior to transfer	3	US1 if needed
Elective (or minor or grad school prereq)	Elective or minor or grad school prerequisite	3	Elective
Elective (or minor or grad school prereq)	Elective or minor or grad school prerequisite	3	Elective
Spring Senior Courses (16 units)	Course or GE Title	Units	GE/Major
KIN 360/L	Nutritional Science and Lab	4	Core
KIN 499	Capstone	2	Core
Exercise Science elective (any upper-division KIN course not taken previously)	KIN 3xx or 4xx	3	Ex. Sci. elective
Elective (or minor or grad school prereq)	Elective or minor or grad school prerequisite	4	Elective
SL 210S or other DCSL course if CSU American Institutions not done before transfer	CSU US & CA government (US2,3) requirement if not done previously.	3	US2,3 if needed
Total Exercise Sci AA-T units		60	